



Holidays and Egg Consumption

Reasons to Grab an Extra Dozen for the Holidays

The holidays are a special time of year to celebrate and connect with families and friends. If you're playing host to a holiday gathering, avoid last minute scrambling by stocking up on versatile staples for your baking needs, including an extra carton of eggs – you never know when you might need them.

Did You Know...

- The U.S. Department of Agriculture (USDA) has estimated that egg consumption per person will reach 261 eggs in 2014, a growth of a dozen eggs per person in the last five years.
- More than 7.9 billion eggs are consumed during the holiday season (Thanksgiving and Christmas), from November and December. (USDA)
- The average household consumed 5.4 dozen eggs during the holiday season in 2013, an increase of 0.9% over 2012. (USDA)
- The average person consumed 2.1 dozen eggs during the holiday season in 2013, an increase of 1.4% over the year prior. (USDA)
- The demand for eggs during the holidays increases, on average, 1.5% each year. (USDA)
- During the Thanksgiving and Christmas holiday season, egg sales increased 2.0% in 2013. (USDA)
- According to the Guinness Book of World Records, the largest pumpkin pie ever baked weighed 2,020 pounds and measured just over 12 feet long and included 155 dozen eggs. (History.com)
- 135 million pounds of eggnog are consumed by American's each year. (Huffington Post)

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