**LUNCH at school**

**Green Eggs & Ham**

**Monday**
Green Eggs & Ham
- Cypress-Fairbanks ISD, TX

**Tuesday**
Green Eggs & Ham Pop
- Staunton City SN, VA

**Wednesday**
Green Eggs & Ham Frittata
- Bartow County SD, GA

**Thursday**
Green Deviled Eggs & Ham
- CCID Charter School, UT

**Friday**
Green Eggs & Ham Scramble
- Manteca Unified SD, CA

---

**TIPS & TRICKS**

- Green Eggs can be fun for other celebrations such as Earth Day
- Renaming entrées encourages kids to try something new
- Most schools are moving to natural food dyes
- Adding spinach and parsley adds nutrition & fun
- Some great recipes featuring three or more USDA Foods

Recipes at [AEB.org/5Days5Ways](http://AEB.org/5Days5Ways)

---

**Eggs in Schools**

**Green eggs are fun & fun is good!**

**Did you know?**
Egg is a protein powerhouse that can help kids feel full & satisfied after eating.