

TACO, EGG, BACON, BREAKFAST, IND (FPC-SD405)

Allergens: Contains Egg, Milk, Turkey, Wheat;
 Number of Servings: 43.00 Serving Size: 1 Each
 Moisture gain/loss%: 0.0000 Yield: 9 Pound, 10 3/4 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$19.6645 Cost Per Serving: \$0.4573

Step #	Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient	Quantity
1				7.5351	FPC BREAKFAST TACO EGG FILLING FPC-HF654	1 Bag
2	30040	BREAD, TORTILLAS, WHITE WHEAT, 6 INCH (20/PKG) , As Purchased	2 Package, 3 Each	3.2035	TORTILLAS (6 INCH) (20/pkg) LI100086	2 Package, 3 Each
3	17160	TURKEY, BACON SLICES, FRZN (12 pkg/cs) , As Purchased	43 piece	5.8284	BACON, TURKEY, SLICED LI100010	43 piece
4	84130	FILM, SANDWICH, 11 INCH , As Purchased	47 1/2 Foot	2.2129		
5	81151	TRAY, CONEY , As Purchased	43 Each	0.8845		

Preparation Instructions

- #16 scoop

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	44.43	13.81	27.72	24.48	4.188

Nutrients per 100 g

Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
209.386	10.336	3.212	0(M)	183.472	645.711	14.51	0.996	2.192	12.817	1.437	173.655	358.186	0.068	0.007(M)	0.112(M)

Nutrients per serving (101.992 g)

Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
213.557	10.542	3.276	0(M)	187.127	658.575	14.799	1.016	2.236	13.072	1.466	177.115	365.322	0.069	0.007(M)	0.114(M)

(M) Indicates missing nutrient values.