

GREEN EGGS & HAM BATCH (FPC-HF650)

Allergens: Contains Egg, Milk, Turkey;
 Number of Servings: 126.00 Serving Size: 1 Bag
 Moisture gain/loss%: 0.0000 Yield: 1118 Pound, 15 3/4 Ounce
 Waste gain/loss%: 0.0000 Fat gain/loss% : 0.0000
 Total Recipe Cost: \$1,245.3325 Cost Per Serving: \$9.8836

Step #	Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Ingredient	Quantity
1				8.1640	FPC SEASON SALT FPC-PO502	3 Pound
2	13540	EGGS, WHOLE, FRZN, COMMODITY , As Purchased	750 Pound	442.2500	EGGS, PASTEURIZED, FRZ, COMMODITY LI100044	750 Pound
3	25500	SPINACH, FRESH, 4/2.5 LB/CS , As Purchased	45 Pound	63.6750	SPINACH, FRESH LI100234	45 Pound
4	27070	PARSLEY, CURLY, FRESH, 60 CT , As Purchased	7 Case, 5 1/2 Pound	138.0377	FRESH CURLY PARSLEY LI100160	7 Case, 5 1/2 Pound
5				186.5630	GRATED AMERICAN CHEESE, 5LB FPC-IN231	113 Pound
6	17101	TURKEY, HAM, SLICED, COMMODITY (21 lbs) , As Purchased	5 Case, 3 5/8 Package	406.6429	TURKEY HAM SLICED LI100193	5 Case, 3 5/8 Package

Nutritional Information

	Fat	SFat	Carb	Protein	Sugar
% of Calories	52.03	19.02	9.09	36.32	5.059

Nutrients per 100 g

Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
129.284	7.475	2.732	0(M)	231.169	445.225	2.936	0.285	1.635(M)	11.738	1.548	113.888	1186.4	8.299	8.232(M)	0.368(M)

Nutrients per serving (4028.332 g)

Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
5207.99	301.102	110.07	0(M)	9312.25	17935.1	118.282	11.487	65.868 (M)	472.835	62.368	4587.77	47792.2	334.296	331.631 (M)	14.824 (M)

(M) Indicates missing nutrient values.