



LUNCH at school

Entrée Salads



Monday



Buffalo Blue Chicken Salad

- Greenville County SD, SC

Tuesday



BLT Salad

- Palatine CCSD 15, IL

Wednesday



Cobb Salad

- Cobb County SD, GA

Thursday



Chef Salad

- Orange County SD, FL

Friday



Spinach & Strawberry Salad

- Brevard Public Schools, FL

TIPS & TRICKS

- Students expect to see the same composition every time, so layout of ingredients & appearance are core to success
- Eggs do not weep in holding, making them an ideal protein to add to spring salads
- 72% of the schools report offering entrée salads
- Entrée salads are a great way to feature farm to school or school garden produce
- Entrée salads sell even when a salad bar is available: grab and go healthy options

EGGS
in
Schools

FUEL UP
with
Eggs!



DID YOU KNOW?

Eggs can help you absorb the nutrients found in salad such as vitamin E & carotenoids.



Recipes at AEB.org/5Days5Ways