



BREAKFAST at school

Liquid Whole Eggs



Monday

Egg & Bacon Breakfast Taco



- Cypress-Fairbanks ISD, TX

Tuesday

Tater Tot Scramble



- Garland ISD, TX

Wednesday

Breakfast Tatcho Bowl



- Greeley-Evans SD, CO

Thursday

Veggie Quiche



- Loudoun County PS, VA

Friday

French Toast Bake



- Minneapolis PS, MN

Keep **strong** with **egg protein!**

EGGS in Schools

Skip **rope** not breakfast!

DID YOU KNOW?

Protein in eggs **builds & maintains** muscles.