

Nutrition Facts

12 servings per container

Serving size 1 egg (63g)

Amount per serving
Calories 90

% Daily Value*

Total Fat 6g 8%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 235mg 78%

Sodium 90mg 4%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 8g 16%

Vitamin D 1.3mcg 6%

Calcium 40mg 4%

Iron 1.1mg 6%

Potassium 90mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.