

Nutrition Facts

12 servings per container

Serving size 1 egg (38g)

Amount per serving
Calories **50**

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 140mg **47%**

Sodium 55mg **2%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 5g **10%**

Vitamin D 0.8mcg 4%

Calcium 20mg 0%

Iron 0.7mg 4%

Potassium 50mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.