Did You Know? Eggs Meet FDA's New Healthy Definition!

The U.S. Food and Drug Administration (FDA) has updated its definition for when foods can be labeled as "healthy" to make it simple for everyone to make healthy food choices.

Being recognized as a "healthy" food reaffirms the role of eggs as a go-to quick, healthy and versatile choice for making healthy eating simple for you and your family.

the INCREDIBLE EGG | **EGG NUTRITION CENTER**

EGGS ARE HEALTHY

Scan to learn more about the new FDA "Healthy" Ruling and crack into the benefits of eating eggs!